

## Subject Name Key Stage 3 Curriculum Overview

	Autumn		Spring		Summer	
Year	1	2	3	4	5	6
<b>7</b>	<b>Safety IRL</b> <i>Students will learn about the different types of bullying and the affects being bullied has on young people as well as making friends online and ensuring any friendship is safe and equal.</i>		<b>Happy, Active People</b> <i>Students will learn about their mental wellbeing through the importance of sleep as well as the risks and effects of caffeine and tobacco</i>		<b>RSE</b> <i>Students will learn about healthy and unhealthy relationships, managing conflict, consent and gender stereotypes.</i>	
<b>8</b>	<b>Safety IRL</b> <i>Students will learn how to remain safe whilst living life online, including a focus of body image, peer pressure and grooming.</i>		<b>Happy, Active People</b> <i>Students will learn about the importance of diet, exercise and physical health as well as the risks and consequences of alcohol.</i>		<b>RSE</b> <i>Students will learn about relationship values and influences, orientation and gender identity and contraception.</i>	
<b>9</b>	<b>Safety IRL</b> <i>Students will learn about the dangers of life online, including image sharing, indecent and explicit material and serious and organised crime.</i>		<b>Happy, Active People</b> <i>Students will learn about attitudes to mental health and emotional wellbeing as well as the risks and consequences of drug use.</i>		<b>RSE</b> <i>Student will learn about respectful behaviour in relationships, sexual health and commitment.</i>	