

OCR Cambridge National in Sports Studies

	Autumn		Spring		Summer	
Year	1	2	3	4	5	6
10	R185 – Performance Analysis R185 – Practical Assessments & Logbooks		R185 – Coaching Plan, Risk Assessment and Delivery R185 – Coaching Evaluation		R185 – Practical Training Logs R187 – O.A.A Activity Plan, Performance and Evaluation	
11	R187 – O.A.A Coursework R184 – Contemporary Issues in Sport (Exam)		R184 – Contemporary Issues in Sport (Exam)		R184 – Contemporary Issues in Sport (Exam)	