



# THE PULSE

Monday 26th June 2023





Week 2

Our Weekly  
information  
bulletin for  
Students, Staff,  
Parents &  
Governors

## Dates for your diary:

-  30<sup>th</sup> June- Arthog (Year 9)
-  30<sup>th</sup> June- Year 11 Prom
-  26<sup>th</sup> June-7<sup>th</sup> July- Year 10 Mock GCSE's
-  3<sup>rd</sup>- 4<sup>th</sup> July – Year 6 Transition Day
-  10<sup>th</sup> July – Sabrina Jazz Band Boat Trip
-  13<sup>th</sup> July- D of E Bronze Expedition
-  18<sup>th</sup> July- Sports Day
-  19<sup>th</sup> July – France Trip
-  21<sup>st</sup>- Last day of Term
-  4<sup>th</sup>-5<sup>th</sup>- PD Days
-  6<sup>th</sup> September- Return to School

## First Aid Notices:

-  Students are **not** to contact home themselves if they feel unwell. Please ask your teacher & go to the First Aid Office. If required, First Aid staff will contact home.
-  Students should not be carrying their own medicine. Medicines are to be handed into the First Aid Office.
-  Please remember to name ALL items, including clothes, bags, pencil cases, water bottles etc.
-  Period Products- The govt has offered schools free access to period products. If your child or any family members would like to take some home, please come to the First Aid Office & help yourself. These are available during break times or at the end of the day.

## ATTENDANCE

### Getting to School on time:

The school day starts at 8:50.

Pupils should be in their tutor rooms at this time. Our three pupil entrances are open just before 8:40; pupils need to come onto school site and go straight to their tutor rooms. The gates are locked at 8:50 and any pupil arriving after this time is late to school. They will need to go to the main gates and then to reception to sign-in. They no longer line up on top yard and, instead make their way straight to their form room. If you need help or support in getting your child to school on time, please contact your child's tutor or Head of Year.

To report a student absence from school, please email: [attendancembs@meole.co.uk](mailto:attendancembs@meole.co.uk)



## "Volunteers Required!"

The Biology Department would like to offer someone the chance to take home Hicks the Leopard Gecko for the summer holidays. This is an ideal opportunity for someone who would like the experience of caring for a reptile or just to own a pet for a few weeks! Hicks is very easy to care for and comes with everything that would be required for her mini-holiday. Any interested parties can email [Hurlstone.R@meole.co.uk](mailto:Hurlstone.R@meole.co.uk)

**Included this week: An important notice from Shropshire Fire & Rescue Service regarding water safety.**

# MFL: Word of the Week

Le Département de Langues de



vous offre...

...Le mot de la semaine!

## PRIDE MONTH



La Marche des Fiertés LGBT



Mes del Orgullo



Der Pride Monat



### Literacy:

#### CHICKEN TIKKA MASALA



Where did this dish originate?

The origin of the dish is not certain, but many sources attribute it to the South Asian community in Great Britain; some sources also cite Glasgow as the city of origin. Chicken tikka masala may derive from butter chicken, a popular dish in the northern Indian subcontinent.

Where does each dish originate?



paella



pain au chocolat



goulash



pierogi



hamburger



naan bread

1. Spaghetti bolognese
2. Meat lasagne
3. Chilli con carne
4. Pasta and homemade sauce
5. Fajitas
6. Chicken/lamb tikka masala
7. Vegetable stir fry
8. Sweet and sour chicken
9. Spaghetti carbonara
10. Chicken chow mein

Italian, Mexican and Chinese cuisine make up Britain's favourite "international dishes", a new study suggests.

#### Where do these dishes originate?

By combining data from the UK's national census with other research on adventurous cuisine to traditional British meals, the survey of 2,000 families revealed.

Source: Santa Maria



Do your family have a favourite dish that you would like to tell us about?

There are House Points available for those who bring in a recipe or a photo of a meal they have cooked.

#### Grandma's Perogies





Jumper embroidered with same crest for all year groups



White Shirt



Meole Brace School Year 7-9 Tie



Meole Brace School Year 10-11 Tie



School grey skirt with navy insert. (The only acceptable skirt for the new uniform)



School Grey trousers (No skinny fit/leggings/jeans/joggers)



### Uniform Update for September 2023

You will be aware that we introduced our new uniform last September, which is currently compulsory for Year 7, with other year groups being given 12 months to transition to it. I am just writing to remind you that the new uniform will be compulsory for all students from September 2023 and a mixture of new and old uniform will not be allowed.

Financially, we know these are difficult times for families so if you need support in buying the new uniform, please do contact Mr Rob Carlyle at [newuniformmbs@meole.co.uk](mailto:newuniformmbs@meole.co.uk). This offer is available to all current Year 8-10 students until September 2023. The new uniform comprises of a white shirt, key stage 3 or key stage 4 tie, blue jumper with school logo for all year groups, 'school grey' trousers or school Meole Brace School skirt. Shoes should be smart, plain black leather (or leather look) with no sports logo evident. Trainers and boots (including Airforce 1) are not permitted.

The only items that have to be bought from our main uniform provider, School Shop Direct (<http://www.schoolshopdirect.co.uk/>) is the tie, jumper with school logo and the one option skirt - everything else can be bought from other sources should you wish to do so. Further details and pictures can be found on the school website.



Examples of Appropriate School Shoes

We are of the opinion that the new uniform is a much better portrayal of what Meole Brace School is all about and we are keen to support families to it being fully in place where needed from September 2023.

## **Important Notice:**

### **Shropshire Fire and Rescue Service backs national Drowning Prevention Week campaign**

Shropshire Fire and Rescue Service is urging parents to make sure their children know how to stay safe and enjoy the water this summer.

Whether heading abroad this summer or opting for a staycation, the Royal Life Saving Society UK (RLSS UK), fears that families will head to beaches and inland water locations this summer, without considering the potential dangers, putting themselves and others at risk. Those of us who will be venturing abroad for their summer holiday, may find themselves using non-lifeguarded pools and therefore be at risk if they do not have the necessary water safety skills.

Figures indicate that around 25 per cent of primary pupils leave school unable to swim, and experts fear that as a result of the pandemic many young people lacking the ability to swim or self-rescue.

Shropshire Fire and Rescue Service is supporting RLSS UK's national Drowning Prevention Week campaign, this year running from 17-24 June 2023.

**Drowning Prevention Week aims to equip everybody across the UK and Ireland with the skills and knowledge, to make the right decisions about water safety.**

Over 300 people accidentally drown in the UK and Ireland every year and many more suffer injury, sometimes life-changing, when they survive drowning.

James Sutherland, Road and Water Safety Officer said: "We are proud to play our part in ensuring our families have a safe summer. We recognise how vitally important it is for children to know how to stay safe near water and urge everyone to access RLSS UK's free water safety resources on the Charity's website, which include fantastic theme week lesson plans to allow schools to incorporate the resources into existing lessons. We want everyone to enjoy all of the fun and benefits of being in and around water but be educated on how to do that safely."

The Royal Life Saving Society UK's Charity Director Lee Heard, said: "The UK's beautiful waterways should be places where everyone feels at ease, and can take pleasure from their surroundings, whatever their age, whatever their activity level. But we're urging people to educate themselves and others on how to enjoy water safely and prevent a fun day out ending in tragedy.

"The Drowning Prevention Week campaign is crucial this year. In recent years, young people have missed out on the vital opportunity to swim, leaving a dramatic gap in school swimming and water safety education.

"RLSS UK believes that through free, accessible education and training, everyone can enjoy water safely. We urge as many parents as possible to get involved with the campaign, use our free online resources, and give their children the skills to enjoy a lifetime of fun in the water."

Visit [www.rlss.org.uk/DPW](http://www.rlss.org.uk/DPW) to access the Charity's free water safety resources.

## Wellbeing:



### Workshops for P2 Tuesdays:

20.06.23 – Self-esteem

27.06.23 – Internet

04.07.23 – Respectful Relationship

11.07.23 – Anxiety

Student can sign up 1 week before.

### Young Carers Group:

3:15 – 4pm

The Space

### Break time drop-in:

**The Hub**

Tuesday- KS3 (Years 7,8 & 9)

Wednesday- KS3 (Years 7,8 & 9)

Friday- KS4 (Years 10 & 11)



### Wellbeing Team Social Media:

Follow us on Twitter & Instagram to keep up to date with the latest Wellbeing Team news!



@mbsstudents



@studentwellbeingmbs

### LGBT

3:15 – 4pm

The Hub

All year groups welcome!

## HappyMaps

[www.happymaps.co.uk](http://www.happymaps.co.uk)

### Worried about your child's behaviour or mental health?

We've gathered the most professional, reliable and up-to-date resources, all in one place.

Books  
Websites  
Apps  
+ more

Age-appropriate advice tackling real problems

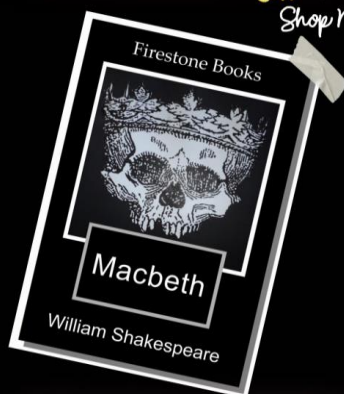


Scan this code with your phone camera for quick access to HappyMaps!

Supported by Bristol Mind

## AVAILABLE NOW

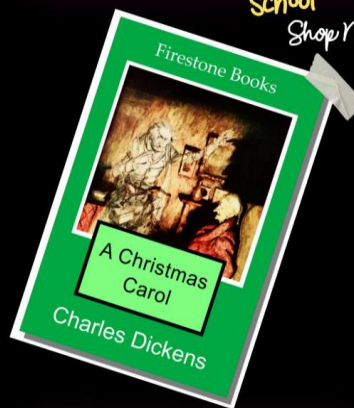
school  
Shop Now



DYSLEXIA-FRIENDLY  
£6.50

## AVAILABLE NOW

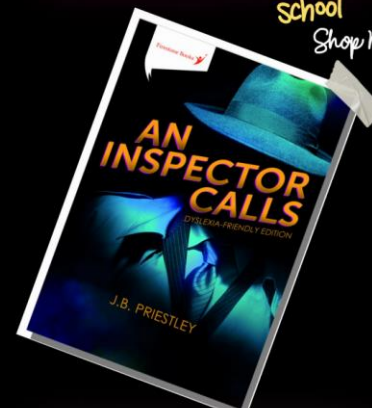
school  
Shop Now



DYSLEXIA-FRIENDLY  
£6

## AVAILABLE NOW

school  
Shop Now



DYSLEXIA-FRIENDLY  
£9

# JODIE NEWMAN

MONDAY 10TH JULY 2023



Jodie works with Guide Dogs as a habitation specialist, teaching children with visual impairments how to navigate their spaces - whether at school, at home, or in their community. She helps people to have independent and interesting lives. She can read and write using braille, and supports children and young people with visual impairments across the county. If you'd like to work for a charity in a paid position, to work with children and young people, or to find out more about Guide Dogs, come and hear Jodie speak!  
**BOOK NOW ON SCHOOLS BUDDY!**



# THE GREAT BIG BIOLOGY BAKE OFF!



DO YOU HAVE WHAT IT TAKES?

ARE YOU A BORN WINNER?

SUBMIT YOUR HOMEMADE BIOLOGY THEMED CAKE TO MRS HURLSTONE ON FRIDAY 23<sup>RD</sup> JUNE IN S5 TO BE IN FOR A CHANCE OF WINNING THE GREAT BIG

BIOLOGY BAKE OFF **CASH** PRIZE!

EVERY ENTRY RECEIVED WILL GAIN HOUSEPOINTS AND HOUSEPOINTS WILL BE AWARDED FOR 1<sup>ST</sup>, 2<sup>ND</sup> AND 3<sup>RD</sup> place.

CAKES WILL BE SOLD AT BREAK AND LUNCHTIME IN THE FOYER SO BRING YOUR SPENDS!

