












# THE PULSE

Monday 12th June 2023

Week 2





Our Weekly  
information  
bulletin for  
Students, Staff,  
Parents &  
Governors

## Dates for your diary:

-  15<sup>th</sup>-26<sup>th</sup> June - GCSE Exams
-  12<sup>th</sup> June- 24<sup>th</sup> June GCSE Exams
-  14<sup>th</sup> June – Ian Murphy Artist in Residence
-  15<sup>th</sup> June – DofE Bronze Expedition
-  19<sup>th</sup> June – London Trip
-  19<sup>th</sup> June-24<sup>th</sup> June- Geography GCSE Field Work
-  30<sup>th</sup> June- Arthog (Year 9)
-  30<sup>th</sup> June- Year 11 Prom
-  26<sup>th</sup> June-7<sup>th</sup> July- Year 10 Mock GCSE's
-  10<sup>th</sup> July – Sabrina Jazz Band Boat Trip
-  19<sup>th</sup> July – France Trip



## First Aid Notices:

-  Students are **not** to contact home themselves if they feel unwell. Please ask your teacher & go to the First Aid Office. If required, First Aid staff will contact home.
-  Students should not be carrying their own medicine. Medicines are to be handed into the First Aid Office.
-  Please remember to name ALL items, including clothes, bags, pencil cases, water bottles etc.
-  Period Products- The govt has offered schools free access to period products. If your child or any family members would like to take some home, please come to the First Aid Office & help yourself. These are available during break times or at the end of the day.

## ATTENDANCE

### Getting to School on time:

The school day starts at 8:50.

Pupils should be in their tutor rooms at this time. Our three pupil entrances are open just before 8:40; pupils need to come onto school site and go straight to their tutor rooms. The gates are locked at 8:50 and any pupil arriving after this time is late to school. They will need to go to the main gates and then to reception to sign-in. They no longer line up on top yard and, instead make their way straight to their form room. If you need help or support in getting your child to school on time, please contact your child's tutor or Head of Year.

To report a student absence from school, please email: [attendancembs@meole.co.uk](mailto:attendancembs@meole.co.uk)

## PARKING NOTICE STANLEY LANE & SURROUNDING AREAS:

As a school we understand parking can be very difficult, especially during morning drop off & after school pick up.

We would like to remind parents/carers to park responsibly & be mindful of the Highway Code.

This is to ensure the safety of all members of the community.

Parking Enforcement Officers have been informed & are monitoring the situation.

# MFL: Word of the Week

## Literacy:

Here are some exceptions to a very common spelling rule:



'i' before 'e'  
except after 'c'  
when the  
sound is /ee/  
**believe**  
**receive**

Think of a word that has the digraph "ie" or "ei" for the definitions below:

- 1) accept that (something) is true, especially without proof
- 2) cause (someone) to believe something that is not true, especially for personal gain
- 3) the upper interior surface of a room or other similar compartment
- 4) a feeling of reassurance and relaxation following release from anxiety or distress OR the differences in height from place to place on the land's surface
- 5) a leader or ruler of a people or clan OR the most important
- 6) a person with whom one has a bond of mutual affection

Choose from:

friend believe relief chief deceive ceiling

What is the rule?

'i' before 'e'  
except after 'c'

It is important to remember that there are many exceptions to this rule. However, there is an extra line to the rhyme which might help us :

'i' before 'e'  
except after 'c'  
when the  
sound is /ee/  
**believe**  
**receive**

The "i" before "e" except after "c" rule applies only to words where the "ie" makes the "ee" sound (e.g. "achieve," "piece," "belief," "receive," "ceiling," "receipt," etc.). Some spelling textbooks even record this as part of the rhyme:

I before E except after C,  
When the sound is "ee"

The exceptions to the rule can be frustrating!  
If in doubt, check!

'i' before 'e'  
except after 'c'  
when the  
sound is /ee/  
**believe**  
**receive**

How many exceptions to the rule can your form think of?



Jumper embroidered with same crest for all year groups



White Shirt



Meole Brace School Year 7-9 Tie



Meole Brace School Year 10-11 Tie



School grey skirt with navy insert. (The only acceptable skirt for the new uniform)



School Grey trousers (No skinny fit/leggings/jeans/joggers)



### Uniform Update for September 2023

You will be aware that we introduced our new uniform last September, which is currently compulsory for Year 7, with other year groups being given 12 months to transition to it. I am just writing to remind you that the new uniform will be compulsory for all students from September 2023 and a mixture of new and old uniform will not be allowed.

Financially, we know these are difficult times for families so if you need support in buying the new uniform, please do contact Mr Rob Carlyle at [newuniformmbs@meole.co.uk](mailto:newuniformmbs@meole.co.uk). This offer is available to all current Year 8-10 students until September 2023. The new uniform comprises of a white shirt, key stage 3 or key stage 4 tie, blue jumper with school logo for all year groups, 'school grey' trousers or school Meole Brace School skirt. Shoes should be smart, plain black leather (or leather look) with no sports logo evident. Trainers and boots (including Airforce 1) are not permitted.

The only items that have to be bought from our main uniform provider, School Shop Direct (<http://www.schoolshopdirect.co.uk/>) is the tie, jumper with school logo and the one option skirt - everything else can be bought from other sources should you wish to do so. Further details and pictures can be found on the school website.

We are of the opinion that the new uniform is a much better portrayal of what Meole Brace School is all about and we are keen to support families to it being fully in place where needed from September 2023.



Examples of Appropriate School Shoes

## Wellbeing:



# YOUNG CARERS



### Workshops for P2 Tuesdays:

- 13.06.23 – Sleep
- 20.06.23 – Self-esteem
- 27.06.23 – Internet
- 04.07.23 – Respectful Relationship
- 11.07.23 – Anxiety

Student can sign up 1 week before.

### Young Carers Group:

3:15 – 4pm  
The Space

### Break time drop-in:

#### The Hub

- Tuesday- KS3 (Years 7,8 & 9)
- Wednesday- KS3 (Years 7,8 & 9)
- Friday- KS4 (Years 10 & 11)



### Wellbeing Team Social Media:

Follow us on Twitter & Instagram to keep up to date with the latest Wellbeing Team news!



@mbsstudents



@studentwellbeingmbs

### LGBT

3:15 – 4pm  
The Hub  
All year groups welcome!

## HappyMaps

[www.happymaps.co.uk](http://www.happymaps.co.uk)

### Worried about your child's behaviour or mental health?

We've gathered the most professional, reliable and up-to-date resources, all in one place.

Books  
Websites  
Apps  
+ more

Age-appropriate advice tackling real problems

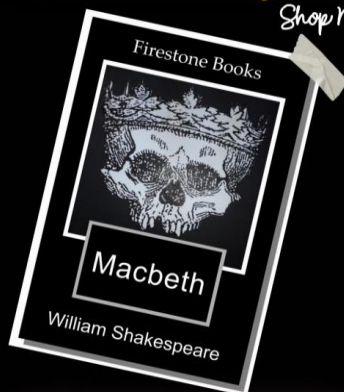


Scan this code with your phone camera for quick access to HappyMaps!

Supported by Bristol Mind

## AVAILABLE NOW

school  
Shop Now



DYSLEXIA-FRIENDLY  
£6.50

## AVAILABLE NOW

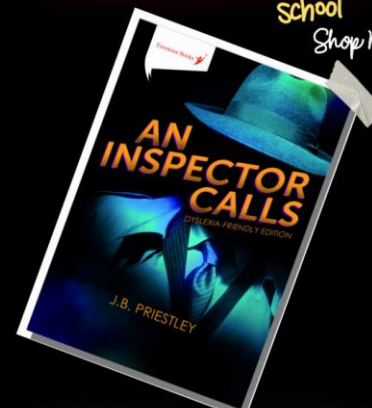
school  
Shop Now



DYSLEXIA-FRIENDLY  
£6

## AVAILABLE NOW

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Shop Now



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£9

