

## MEOLE BRACE LUNCH MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>The Meal Deal</b>	Beef Lasagne Garlic Bread Vegetables & Salad	<b>Big Breakfast</b> <i>Sausage, bacon, egg, Hash brown, beans, mushrooms or tomatoes</i>	<b>Roast Lunch</b> <i>with all the trimmings</i> Seasonal Vegetables	Mediterranean Pasta Bake Potato Wedges Vegetables & Salad	Fish & Chips Baked Beans Peas
<b>The Loaded Tray</b> <i>(a meal in a tray)</i>	Marinated Chicken Diced Potatoes Fresh Salad or Slaw	Turkey Burger Curly Fries Fresh Salad or Slaw	Chicken Bites Potato Crispers Baked Beans	Spring Roll Diced Potatoes Fresh Salad or Slaw	Vegetable Nuggets Chips, Curry Sauce or Baked Beans
<b>The One Pot</b> <i>(all in one pot)</i>	Pasta with Sauce Garlic Bread	Hot Wok Noodles Prawn Crackers	Curry with Rice Naan Bread	Pasta with Sauce Garlic Bread	Curry with Rice Naan Bread
<b>Grab &amp; Go</b> <b>Option 1</b>	Chicken Epic	Jumbo Hot Dog	Hot Filled Wrap with Salad	Rustic Pizza	Cheeseburger
<b>Grab &amp; Go</b> <b>Option 2</b>	Pizza Slice	Pizza Slice	Pizza Slice	Quorn Burger	Pizza Slice



Sandwiches, Baguettes, Wraps, Salads, Fresh Fruit, Yoghurts, Cookies, Muffins & Chilled Desserts available daily

### Food Allergies & Intolerances

Please speak to our school catering staff about your requirements



Follow us on Facebook as 'Shire Services' and Twitter as 'shropschoolmeal'



## MEOLE BRACE LUNCH MENU

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>The Meal Deal</b>	Sausage & Mash Gravy Seasonal Vegetables	Pasta Bolognaise Garlic Bread Vegetables & Salad	Roast Lunch <i>with all the trimmings</i> Seasonal Vegetables	Quorn Sweet & Sour with Rice & Prawn Crackers Vegetables & Salad	Fish & Chips Baked Beans Peas
<b>The Loaded Tray</b> <i>(a meal in a tray)</i>	Onion Bhaji Herby Diced Potatoes Fresh Salad or Slaw	BBQ Pulled Pork Potato Crispers Fresh Salad or Slaw	Chicken Bites Curly Fries Baked Beans	Turkey Burger Potato Wedges Fresh Salad or Slaw	Vegetable Nuggets, Chips, Curry Sauce or Baked Beans
<b>The One Pot</b> <i>(all in one pot)</i>	Pasta with Sauce Garlic Bread	Hot Wok Noodles Prawn Crackers	Curry with Rice Naan Bread	Pasta with Sauce Garlic Bread	Curry with Rice Naan Bread
<b>Grab &amp; Go</b> <b>Option 1</b>	Panini	Chicken Epic	Hot Filled Baguette	Rustic Pizza	Quorn Burger
<b>Grab &amp; Go</b> <b>Option 2</b>	Pizza Slice	Pizza Slice	Pizza Slice	Sausage Roll	Pizza Slice



Sandwiches, Baguettes, Wraps, Salads, Fresh Fruit, Yoghurts, Cookies, Muffins & Chilled Desserts available daily

### Food Allergies & Intolerances

Please speak to our school catering staff about your requirements



Follow us on Facebook as 'Shire Services' and Twitter as 'shropschoolmeal'

