

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										



General Certificate of Secondary Education
January 2013

Health and Social Care

48201

Unit 1 Understanding Personal Development and Relationships

Thursday 24 January 2013 1.30 pm to 2.45 pm

You will need no other materials.

Time allowed

- 1 hour 15 minutes

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 70.

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
TOTAL	



J A N 1 3 4 8 2 0 1 0 1

Answer **all** questions in the spaces provided.

1 Complete the table below by writing either the life stage or the age range in each blank space.

Life stage	Age range (years)
	0–3
	4–10
Adolescence	
Adulthood	
	65+

(5 marks)

5

- 2**
- Nikki is a typical one-year-old.
 - Her motor skills have developed normally.
 - She can stand without help.
 - She can drop objects on purpose.

2 (a) Describe how Nikki’s gross motor skills are likely to develop over the next two years.

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(3 marks)



2 (b) Describe how Nikki's fine motor skills are likely to develop over the next two years.

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(3 marks)

6

- 3**
- Chris is a typical five-year-old.
 - He has just started going to school.

3 (a) Describe how Chris is likely to develop socially over the next five years.

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(3 marks)

3 (b) Describe how Chris is likely to develop emotionally over the next five years.

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(3 marks)

6

Turn over ▶



4

- Malik is 68 years old and has just retired from work.
- He is likely to experience some intellectual changes as he grows older.

Describe the likely intellectual changes and evaluate their effects on Malik.

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(8 marks)

8



5 Lynn is 54 years old and has reached the menopause.

Explain what is meant by the menopause and its likely effects on Lynn.

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(4 marks)

4

6 Jade has a low income and finds it difficult to manage her money. Her monthly spending includes:

- sports club membership
- electricity bill
- rent
- mobile phone bill
- bus fares to work
- food
- cinema tickets
- clothes for work

6 (a) Identify **two** essentials in Jade’s spending.

1

2

(2 marks)

6 (b) Identify **two** non-essentials in Jade’s spending.

1

2

(2 marks)

Turn over ▶



6 (c) Explain how Jade’s health and well-being may be affected by her low income and the difficulties of managing her money.

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(8 marks)

12



7

- Mick is an adult male who is happily married to Safah.
- They live in a large semi-detached house in a noisy area.
- Mick is a health visitor and enjoys his hobby of racing pigeons.
- He does not eat a balanced diet and has little time for exercise.
- Mick is worried about his health as some older members of his family suffer from heart disease.

Explain how the different factors in Mick's life may interrelate to affect his health, well-being and development.

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(9 marks)

Turn over ▶

9



- 8**
- Dania and Earl are social workers in a mental health team.
 - Kayley is their team manager.
 - Dania and Earl often argue with each other.
 - Dania likes going to the cinema with Earl's mum, Margaret.

Name the type of relationship for each of the following:

8 (a) Kayley, Dania and Earl

.....
(1 mark)

8 (b) Dania and Margaret

.....
(1 mark)

8 (c) Earl and Margaret

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(1 mark)

8 (d) Arguing with each other often may affect Dania and Earl's personal development.
Explain how.

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(3 marks)

6



- 9**
- Ian is a mature 20-year-old male.
 - He was abused when he was a child.

Identify **two** factors about Ian which will affect his self-concept.
Explain how each factor will affect his self-concept.

Factor 1

.....

Will affect his self-concept by

.....

.....

Factor 2

.....

Will affect his self-concept by

.....

.....

(4 marks)

4

- 10** Identify **three** expected life events from the following:

redundancy puberty promotion at work

retirement bereavement moving house

starting work accident serious illness

1.....

2.....

3.....

(3 marks)

3

Turn over ▶



- 11
 - Roxanne is 85 years old.
 - She has mobility problems and struggles with everyday living tasks.

11 (a) Suggest **two** professional carers who could help Roxanne.

Give **one** different way each carer could help her.

Professional carer 1

Could help by

.....

.....

Professional carer 2

Could help by

.....

.....

(4 marks)

11 (b) Suggest **one** type of non-professional carer who could help Roxanne.

Give **two** different ways the non-professional carer could help her.

Non-professional carer

1 Could help by

.....

.....

2 Could help by

.....

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(3 marks)

END OF QUESTIONS

7



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