

Some Ideas for Working at Home

The work set for students will be via Show My Homework (Please check the app on a daily basis). Educake and SAM Learning can also be used. All students have a login and are familiar with these resources.

If your child completes the work set, or if you would like to explore other learning options the links below provide opportunities for our learners:

- <https://www.bbc.co.uk/bitesize/levels/z4kw2hv>
This takes you to a menu with all the secondary options on offer, there are a range of resources for your child to explore.
- https://www.youtube.com/channel/UC4KN50fal7f45fx2DqG7ttg/playlists?view=50&sort=dd&shelf_id=5
BBC-produced videos useful for consolidating knowledge or investigating new areas of learning.
- <https://app.senecalearning.com/courses?Price=Free>
Some subjects may have provided links to these resources, it is free and has links to all subjects at KS3 and 4. your child should sign up as student and will be able to learn and complete quizzes etc....

We would encourage our students to take this opportunity to consolidate their learning and practise what they have learned.

This can take the form of:

- Cue cards- easily made at home, a question on one side and answer on the other, they can test one-another!
- Designing a quiz- once again, they test one-another- or you- test friends over FaceTime
- Condensing their notes; turning a page into a paragraph, a paragraph into a sentence, a sentence into a key word
- Make Mindmaps of the work done this year so far – this will really help with revision and preparation for the future.

There are other strategies that your child will be familiar with and may prefer, these also do not require a screen.

As ever, one of our key priorities at Meole Brace School is for students to develop a love of reading. Visit charity shops(if you still can) and buy some cheap books.

Contact with staff:

Staff will be contactable between the hours of 10am and 1pm, however, staff will be planning, setting work and delivering feedback where appropriate. As a result, any email response may not be received that working day.

Where staff have established whole school email groups, they will contact students through these groups, this will enable messages and common areas of feedback to be shared quickly and efficiently.

Some of the activities set by staff will enable students to have feedback on quizzes they have taken, they offer students the opportunity to retake these quizzes and develop their understanding. These will not require teacher feedback. However, staff have access to these resources, and they are able to monitor results and identify strengths and areas for development.

If your child has a question about the work they have been set or they would like some advice on a particular aspect of work, they should contact their teacher by email- surname.initial@meole.co.uk

The normal school admin email will still be checked: admin@meole.co.uk

Any urgent concerns regarding wellbeing or safeguarding should be directed to the following system and email address. Any immediate Safeguarding concerns about the welfare of a child in the absence of being able to contact school you should call: First Point of Contact on: **0345 678 9044**.

Student Support and Pastoral Meetings

Whilst school is closed we will be using video conferencing to maintain contact with students and parents who would like to have a chat. Mr. Iddon, Sara, Mrs Priestley and Mr Davie will be available for a booked appointment.

How to get an appointment.

1. Download the app Zoom Cloud Meetings on iPhone or Google and create an account using your 'mbs' email address or personal address if you are a parent. You can also connect and set up an account using a computer and going to www.zoom.us To use the website you must have a computer with a camera and microphone (most laptops have this)
2. You will need to create an account and have access to the email address you used to create the account.
3. Send an email to mbsappointments@meole.co.uk stating your concerns and a brief outline of why you need to talk. You need to include in this email the email address you wish us to use to contact you.
4. The emails will be triaged and you will be contacted, on the day giving you an appointment time for a Zoom chat. The timings will be between 11am and 1pm
5. The invitation to chat will come as a link in an email – click on it and it will connect.

Katie Hutton our school counsellor is continuing to offer appointments please check your MBS email accounts for directions to continue your appointments.

Shropshire Family Information Directory .For help and advice from the Local authority
<http://search3.openobjects.com/kb5/shropshire/fid/home.page>

Compass is the front door for children's social care for receiving new enquiries regarding concerns for the welfare or protection of children and young people in Shropshire. Compass promotes the offer of early help to children and families in the first instance Telephone 03456 789 021

Follow : studentwellbeingmbs on Instagram for updates and support from SST

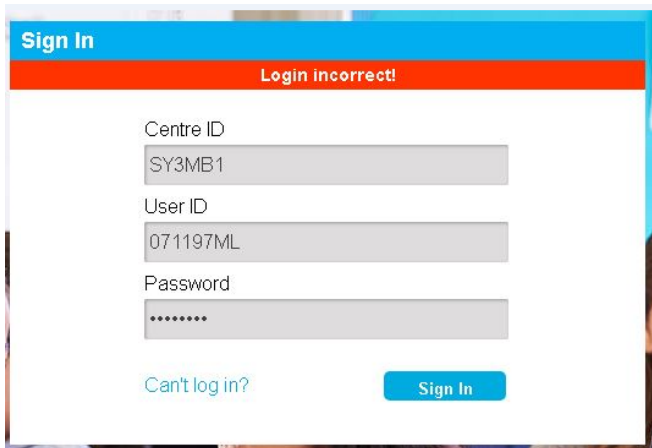
The Parenting Team will continue our service of telephone consultations. Parents and carers simply need to call our office on 01743 250950 or email parenting.team@shropshire.gov.uk to arrange a consultation at a time convenient to them.

Taking the current situation into account our team can support parents and carers with:

- managing difficult questions and worries from children due to the current situation
- managing challenging behaviour which might be a result of the changes to their everyday lives
- suggestions on activities with children

Nadine Last
Parenting Strategy Coordinator
Sunflower House
Kendal Road
Shrewsbury
SY1 4ES
Tel: 01743 250953
Mob: 07458 119655
Work days: Mon – Thu

SAM Learning:



Sign In

Login incorrect!

Centre ID
SY3MB1

User ID
071197ML

Password
.....

[Can't log in?](#)

(This is an example of how the screen will look)

For students to log into SAM Learning, they need to follow the link on the Meole Brace website under homework, and click the link to the correct SAM Learning login page.

For students to login they will be entering the following:

Centre ID: SY3MB1

User ID: Their date of birth + their Initial (Example - 071197ML)

Password: Is the same as their User ID.

A Possible Template for a Daily Schedule

Time	Activity
Before 9am	Get up, have a good breakfast, make your bed and put away things from yesterday.
9am – 10am	Do some exercise. If you can get out and still remain socially distanced – have walk, go for a run, ride your bike – get your heartrate up and the blood pumping.
10am – 11.30am	Academic Time – NO electronics (other than checking what work you need to do) – do some of the work in your books, draw, create revision cards and plan, write a story.
11.30 – 12.15	Be Creative. Lego, models, paint, draw, write, cook, bake, make a card for a family member you can't see at the moment, post it to them to show you are thinking of them and you care.
12.15 – 1pm	Lunch and jobs. Have a good lunch – keep yourself fuelled. After lunch help out with some household jobs (It is really important that families work together) a. wipe down the kitchen, wipe door handles, light switches, wipe around the bathroom and loo, Hoover, put away things you have left out.
1 – 2pm	Quiet time. Read, have a nap, listen to a story – no electronics – phones etc put away.
2 – 3.30pm	Academic Time: use Show My Homework, Educake, Sam Learning to do some of the work you have been set.
4pm – 5pm	Get Outside if you can. Walk the dog, have a bike ride bounce on the trampoline – make sure you stay within healthy distances of others.
5 – 6pm	Dinner – Try and eat as a family, talk through the day and set some goals for tomorrow.
6 – 8pm	Family time – watch a movie, FaceTime a relative, play a game, do a jigsaw, have fun together.
8 – 9.30pm	Get ready for bed, shower, read
Some ideas	<p>1. Keep a journal. Each day spend 6 minutes writing a response to the following points: I'm grateful for... (make 3 points) This is how I'll make today great... My good deed today... How I'll improve... Great things I experienced today... (make 3 points)</p> <p>2. Stay fit. Joe Wicks 7 days of sweat. Hit link: https://www.youtube.com/watch?v=QXmdXilQaqA</p> <p>3. Photography challenge. Document your time in self isolation in photographs (your mood, what you did, how you felt).</p> <p>4. Cookery challenge. Look in the cupboards. What do you have? Can you come up with a meal idea from it? Can you possibly beat my "Curried banana soup"? Extra marks for putting together a totally original/mad/weird recipe.</p> <p>5. Learn a skill from the internet (for example, learn to juggle. Hit the link: https://www.youtube.com/watch?v=JZmmOdnIjG4</p>

6. Learn a magic trick from the internet. https://www.youtube.com/watch?v=VWw_1-gEdLA
7. Learn a dance step (for example "How to moonwalk"). Hit the link: <https://www.youtube.com/watch?v=eYT48mu-TIc>
8. Pick a type of food that you like and grow it. Get the seeds from a shop (or fruit) and actually grow your food in a pot.
9. Make an origami crane (hit the link: <https://www.youtube.com/watch?v=KfnyopxdJXQ>)
10. Learn some basic sign language (hit the link: <https://www.youtube.com/watch?v=OU8XdJgK3aY>)
11. Read a book that you haven't read before. Challenge yourself! If students are members of Shropshire Library they can **NOW physically** borrow up to 20 titles for 6 weeks and there are no overdue fines (new rules because of covid-19.) **Members can also borrow e-books.** Shropshire Libraries is not closed yet.

Students under 16 years who aren't members of Shropshire Library can join online with the support of their parent/guardian. Over 16s can join independently.

Use the Kindle Lending Library to borrow books. (Membership is with an Amazon Prime account + a Kindle/Fire tablet.)
12. Pick a household chore and take it over (want to know how to iron? Hit the link: <https://www.youtube.com/watch?v=vnkHbDKnSJ4>.)
13. Learn how to recycle (Visit "Terracycle". Hit the link: <https://www.terracycle.com/en-GB/>)
14. Go on line and find a World Record that you can try and break at home (hit the link: <https://kids.guinnessworldrecords.com/activities/try-this-at-home/>)