

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
TOTAL	



General Certificate of Secondary Education  
June 2015

## Health and Social Care

**48201**

### Unit 1 Understanding Personal Development and Relationships

Friday 12 June 2015 9.00 am to 10.15 am

You will need no other materials

#### Time allowed

- 1 hour 15 minutes

#### Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

#### Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 70.
- You are reminded of the need for good English and clear presentation in your answers. Quality of Written Communication will be assessed in Question 9.



J U N 1 5 4 8 2 0 1 0 1

Answer **all** questions in the spaces provided.

**1** Name the five main life stages.

**[5 marks]**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....

<b>5</b>

**2**

- Walking is an example of a gross motor skill.
- Threading a needle is an example of a fine motor skill.

**2 (a)** Give **two** other examples of gross motor skills.

**[2 marks]**

- 1.....
- .....
- 2.....
- .....

**2 (b)** Give **two** other examples of fine motor skills.

**[2 marks]**

- 1.....
- .....
- 2.....
- .....

<b>4</b>



**3** Gracie has reached the menopause.

Explain the main physical effects of the menopause on Gracie.

**[3 marks]**

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

<b>3</b>

**Turn over for the next question**

**Turn over ▶**



**4** Tim is 14 years old and has reached puberty.

Explain the likely emotional and social effects of puberty on Tim.

**[6 marks]**

Emotional effects .....

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

Social effects .....

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

<b>6</b>



**5** Hannah is 75 years old.

Describe the likely intellectual changes that will affect her over the next 10 years.

**[4 marks]**

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

<b>4</b>

**Turn over for the next question**

**Turn over ▶**



**6** Infants need to eat a balanced diet.

**6 (a)** Give **two** reasons why an infant's balanced diet should include fats.

**[2 marks]**

1.....  
 .....  
 2.....  
 .....

**6 (b)** Other than fats, name **three** different food components needed in a balanced diet for an infant.

Give **one** different reason why each named food component is needed.

**[6 marks]**

Food component 1 .....

Reason.....  
 .....  
 .....

Food component 2 .....

Reason.....  
 .....  
 .....

Food component 3 .....

Reason.....  
 .....  
 .....

<b>8</b>



7 A person's eye colour is a physical feature which is inherited.

Give **two** other physical features which are inherited.

[2 marks]

1.....  
 .....  
 2.....  
 .....

2
---

8 Damon's spending over the last month included the following:

- |                   |                  |                     |
|-------------------|------------------|---------------------|
| Rent for his flat | Electricity bill | Internet connection |
| Water bill        | Cinema tickets   | Train fares to work |
| Mobile phone      | Food             | Designer clothes    |

8 (a) Identify **two** essentials in Damon's spending.

[2 marks]

1.....  
 2.....

8 (b) Identify **two** non-essentials in Damon's spending.

[2 marks]

1.....  
 2.....

**Question 8 continues on the next page**

Turn over ▶



**8 (c)** Damon has a low income. He is struggling to manage his budget and his debts are increasing.

Briefly describe the likely physical, intellectual, emotional and social effects on Damon if his debts continue to increase.

**[8 marks]**

Physical effects .....

.....  
.....  
.....  
.....

Intellectual effects .....

.....  
.....  
.....  
.....

Emotional effects .....

.....  
.....  
.....  
.....

Social effects .....

.....  
.....  
.....  
.....

12





9

- Kiva is an adult female who gained good qualifications at school.
- She works as a receptionist, but worries because she has a lot of time off work due to illness.
- Kiva lives alone in a small terraced house in a quiet area.
- She does no exercise, but enjoys playing chess.

Explain how the different factors in Kiva’s life may **interrelate** to affect her health, well-being and development.

Quality of Written Communication will be assessed in your answer.

**[8 marks]**

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

8
---

Turn over ▶



**10** Craig is a form tutor and Matt is one of his students.

**10 (a)** Name the type of relationship between Craig and Matt.

**[1 mark]**

.....

**10 (b)** Suggest **three** benefits that Matt will get from his relationship with Craig.

**[3 marks]**

1.....

.....

2.....

.....

3.....

.....

<b>4</b>

**11 (a)** Briefly explain how being made redundant may affect a person's self-concept.

**[2 marks]**

.....

.....

.....

.....

**11 (b)** Briefly explain how being good-looking may affect a person's self-concept.

**[2 marks]**

.....

.....

.....

.....

<b>4</b>



**12** Tick the correct box for each of the life events.

One has been done for you.

**[4 marks]**

Life event	Expected	Unexpected
Puberty	✓	
Death of a friend		
Retirement		
Divorce		
Moving house		

4
---

**Turn over for the next question**

**Turn over ▶**



- 13**
- Kia has given birth in hospital.
  - She has just returned home with her new baby son.

**13 (a)** Suggest **two** types of professional carer who could support Kia and her baby son.  
Give **one** different way each type of professional carer may help.

**[4 marks]**

Professional carer 1 .....

May help by .....

.....

.....

.....

Professional carer 2.....

May help by .....

.....

.....

.....

**13 (b)** Suggest one type of non-professional carer who could support Kia and her baby son.  
Give **one** way the non-professional carer may help.

**[2 marks]**

Non-professional carer .....

May help by .....

.....

.....

.....

6

**END OF QUESTIONS**

